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Circulating miR-122 levels in self-recovering hepatitis E patients

Bangari Haldipur and Vidya Arankalle*

Abstract

Background: Hepatitis E (HE) is prevalent in developing countries in both epidemic and sporadic forms and is characterized by high mortality during pregnancy. miR-122, the major hepatic microRNA has been shown to be modulated during liver diseases. Lack of data in HE led to investigations in non-pregnant (NPR) and pregnant (PR) patients.

Results: Self-recovering NPR patients and pregnant women presenting with clinical (PR-acute) or subclinical (PR-SC) HE and respective healthy controls were studied. Serum samples were tested for miR-122 levels using qRT-PCR. Acute-phase, NPR patients circulated lower miR-122 levels, reducing further during convalescence. In contrast to previous reports, circulating miR-122 levels did not correlate with serum aminotransferase (ALT). In PR-acute patients, miR-122 levels were significantly lower that reflected pregnancy status and not HEV effect. In PR-SC patients, miR-122 levels were lower than the pregnant controls and reduced further when examined one month apart. A pregnant, fulminant HE patient circulated very high miR-122 levels that increased further during convalescence. Correlation analysis of miR-122 and circulating cytokines showed moderate correlation with CCL2 (subclinical, pregnant) and IL-6 (NPR). This first report revealed downregulation of circulating miR-122 levels in self-recovering NPR-acute patients despite liver damage (raised serum ALT) suggestive of alternate mechanism of secretion in blood

Conclusion: HEV infection during pregnancy led to differential modulation of serum miR-122 levels that correlated with clinical presentation. Utility of miR-122 as a prognostic marker for severe disease during pregnancy needs to be evaluated.

Keywords: Hepatitis E virus, miRNA, Pathogenesis, Pregnancy

Background

Hepatitis E virus (HEV) is the predominant cause of waterborne, epidemic and sporadic acute viral hepatitis among adults from developing countries [1, 2]. Exposure of susceptible individuals to HEV can lead to: (1) subclinical infection (SC), (2) self-limiting clinical hepatitis (acute viral hepatitis (AVH-E)), and (3) Fulminant hepatic failure (FHF-E). Hepatitis E (HE) during pregnancy is characterized by high mortality (~15–30%), especially in the third trimester [3, 4]. However, HEV etiology has been extended to men and non-pregnant women with FHF [5]. Recently, pregnant women from developed countries were shown to develop FHF-E [6]. HEV has been identified as an emerging cause of chronic hepatitis

MicroRNAs (miRNAs) are 21–23 nucleotide small non-coding RNA molecules that post-transcriptionally regulate gene expression by binding to complementary sequences on target messenger RNA transcripts, usually resulting in translational repression or target degradation and gene silencing [9, 10]. miRNAs have been shown to have diverse functions in physiology; from cell differentiation, proliferation, apoptosis to the endocrine system, haematopoiesis, limb morphogenesis, fat metabolism etc. [9]. A direct role of miRNAs in immune response has been demonstrated [11].

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among immunocompromised patients from developed nations ([7], WHO). The differential clinical progression of HEV infection can be attributed to either the host factors or viral factors or both. In India, genotype-1 infects humans while genotype-4 is restricted to swine population [8].

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As regulatory molecules, miRNAs are involved in the manifestation of various viral diseases in humans [12]. miRNAs are generally tissue specific and cell-associated, however, they have also been found in the extracellular milieu (circulating miRNAs). Lagos-Quintana reported the first discovery of miR-122 in mice in 2002 in an attempt to identify tissue -specific miRNAs [13]. In 2008, Lawrie et al. first reported the presence of miRNAs in serum [14]. Circulating miRNAs are increasingly being recognized as an emerging class of disease biomarkers [15, 16]. These miRNAs exhibit a consistent expression profile among healthy individuals. miR-122, the most abundant hepatic microRNA, has been evaluated mainly in chronic hepatitis B virus (HBV), hepatitis C virus (HCV) infections and hepatocellular carcinoma (HCC) [17-24].

In view of severe disease and lack of any information on miR-122 in HEV infection, the present study aims to understand association of circulating miR-122 levels with HEV infection. Further, in view of the high mortality during pregnancy, pregnant women presenting with clinical and subclinical HEV infections were also investigated.

Results

Standardization of qRT-PCR for determination of miR-122 levels

A quantitative PCR standardized for the determination of miR-122 levels could successfully detect 10 copies of miR-122. The standard curve generated for these standards is shown in Fig. 1a and the corresponding amplification plot is presented in Fig. 1b.

miR-122 levels decrease in HEV infected NPR patients

The NPR patients circulated significantly lower miR-122 levels than the healthy NPR controls (p < 0.0001, Fig. 2a). All these patients exhibited high serum ALT levels. Thus, discordance between serum ALT and miR-122 levels, both reflecting liver damage was evident. During convalescence, serum ALT levels returned to normal while miR-122 levels continued to be lower, though comparable with acute-phase levels (p = 0.98). There was no correlation of circulating miR-122 levels with serum ALT levels (Fig. 2c). ROC analysis discriminated HEV-infected NPR patients from healthy NPR individuals (AUC = 0.912 \pm 0.049, 95% confidence interval (CI) =0.8681 to 1.018) with 96.97% sensitivity and 100% specificity (Fig. 2b).

These unexpected findings led us to examine human HEV genomes for the presence of miR-122 binding sites. First, the ViTa (vita.mbc.nctu.edu.tw/) virus miRNA target database was searched and found that miR-122 target prediction was done for 4 human HEV sequences. Of these, miR-122 binding sites were detected for 2 sequences in the helicase (3932~3956) and ORF2 (6231~6252) regions respectively. Further analysis detected miR-122 binding sites in all the genotype-1 human HEV genome sequences available in the GenBank database that could be classified into 4 different patterns.

Circulating miR-122, pregnancy and hepatitis E (Fig. 3)

Next, pregnant hepatitis E patients were studied. To compensate for pregnancy-induced immunomodulation, miR-122 levels during healthy pregnancy were determined (Fig. 3a). Pregnancy was associated with a significant reduction in miR-122 levels (p < 0.0001). Comparison of pregnant patients with clinical disease and healthy pregnant controls

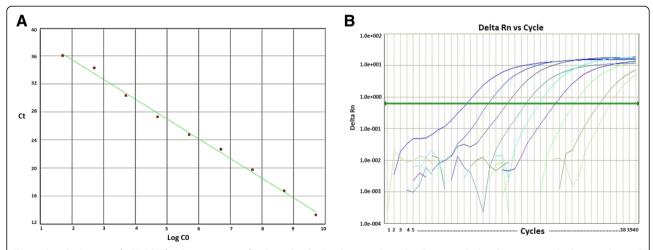


Fig. 1 Standardization of qRT-PCR for determination of miR-122 levels. Circulating miR-122 levels were calculated using a standard curve obtained with synthetic miR-122 oligonucleotide. Synthetic miR-122 was 10-fold serially diluted and qRT-PCR was performed using TaqMan qRT-PCR assays. Standard curve for miR-122 generated is shown in (a) and the corresponding amplification plot is shown in (b)

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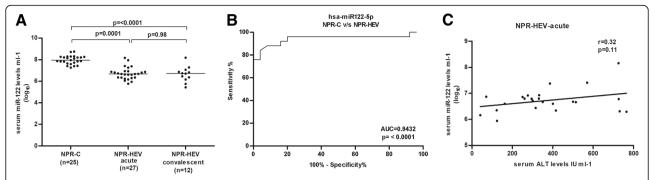


Fig. 2 Circulating miR-122 levels in acute phase, NPR hepatitis E patients. (**a**) Decreased serum levels of miR-122, in NPR-HEV patients. Scatter plots of serum miR-122 levels in healthy NPR controls (NPR-C, n = 25), NPR HEV infected patients in early (NPR-HEV-acute, n = 27) and convalescent stages (NPR-HEV-conv, n = 12) respectively. NPR-HEV group was subdivided into early and late stage. The line indicates the median value per group. Circulating miR-122 levels are expressed as log10 of miR-122 copies ml-1 serum. The Mann-Whitney U test was used to determine the statistical significance. p < 0.05 was considered to be significant. (**b**) ROC analysis using serum miR-122 for discriminating NPR-HEV patients. ROC curve with corresponding area under curve (AUC) for miR-122 in discriminating NPR-HEV-acute patients from NPR healthy controls. p < 0.05 was considered to be significant. (**c**) Correlation of serum miR-122 and ALT levels in NPR-HEV patients. The correlation of serum miR-122 levels with serum ALT levels among acute phase, NPR-HEV patients was determined by Spearman rank correlation coefficient. r indicates the correlation coefficient and p < 0.05 was considered significant

showed a significant increase in miR-122 levels (p=0.005, Fig. 3a). A distinct difference in miR-122 modulation in NPR and PR patients was observed. However, when NPR and PR patients were compared, miR-122 levels were significantly less in the PR patients (p<0.05). Thus, HEV did not reduce miR-122 levels in the PR patients.

Further, circulating miR-122 levels in HEV-infected PR patients presenting with subclinical or self-recovering clinical disease were compared (Fig. 3a). Interestingly, miR-122 levels were significantly lower in the subclinical group when compared to the healthy PR controls (p = 0.03) or clinical disease (p < 0.0001). We could reexamine 7/32 pregnant women with subclinical infection one month later and found a significant miR-122 downregulation in all

(p = 0.0005, Fig. 3a). No correlation of serum ALT and miR-122 levels was seen (Figs 3b and c).

Circulating miR-122 levels in patients with HEV and HBV dual infections

Figure 4a depicts modulation of miR-122 levels in patients infected with both viruses. Mono-infections were characterized by significantly raised (HBV acute, p=0.02) or reduced (HEV acute, p=0.0001) miR-122 levels, as compared to the NPR controls. Accordingly, miR-122 levels in patients with dual infections were significantly lower than HBV alone (p<0.05) and higher than HEV alone (p=0.02) patients. On the contrary, miR-122 levels were comparable in HBsAg carriers and controls, HEV

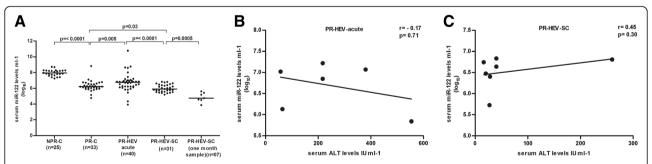


Fig. 3 Circulating miR-122 levels in PR hepatitis E patients presenting with different clinical manifestations. (**a**) miR-122 levels with respect to clinical manifestations. Scatter plots of serum miR-122 levels in NPR healthy individuals, NPR-C (n = 25), healthy PR women, PR-C (n = 33), PR acute hepatitis E patients, PR-HEV-acute (n = 40), PR women with subclinical HEV infection (PR-HEV-SC, n = 31), PR women bled one month later (PR-HEV-SC-repeat, n = 7). The line indicates the median value per group. Circulating miR-122 levels are expressed as log10 of miR-122 copies ml-1 serum. The Mann-Whitney U test was used to determine the statistical significance. p < 0.05 was considered to be significant. (**b**) and (**c**). Correlation of serum miR-122 and ALT levels in PR-HEV-acute (**b**) and PR-HEV-SC (**c**) patients. The correlation of serum miR-122 levels with serum ALT levels was determined by Spearman rank correlation coefficient. r indicates the correlation coefficient and p < 0.05 was considered significant

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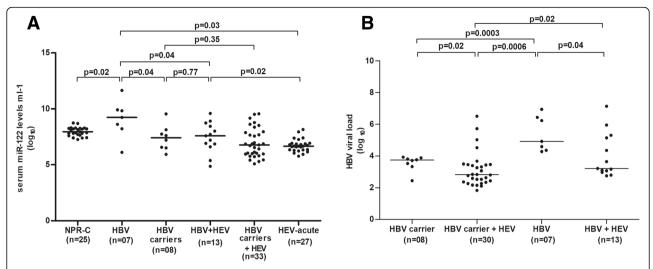


Fig. 4 Serum miR-122 and HBV DNA levels in patients with HBV and HEV dual infection. Scatter plots of (**a**) serum miR-122 levels and (**b**) HBV DNA levels in healthy NPR women & men (NPR, n = 25), HBsAg+ antiHBc-lgM+ HEV- (HBV acute, n = 7), HBsAg+ antiHBc-lgM- (HBsAg carriers, n = 8), hepatitis E patients co-infected with HBV (HBV+ HEV, n = 13), HBsAg carriers super-infected with HEV (HBsAg carrier + HEV, n = 33). Circulating miR-122 levels and HBV DNA copies were are expressed as log10 of miR-122 copies ml-1 and HBV viral DNA copies ml-1 serum. The Mann-Whitney U test was used to determine the statistical significance. p < 0.05 was considered to be significant

superinfection further had no effect. HBsAg carriers circulated lower miR-122 levels than AVH-B patients suggestive of relationship with active virus replication (p = 0.04).

As far as HBV viral load is concerned (Fig. 4b), AVH-B patients exhibited higher circulating HBV DNA levels than the HBsAg carriers (p = 0.003) that were predominantly anti-HBe positive. As compared to AVH-B patients, HBV-HEV co-infected patients circulated significantly lower HBV DNA levels (p = 0.04). HBsAg carriers with HEV superinfection circulated lower levels of HBV DNA than in the carriers alone (p = 0.02).

Correlation with circulating cytokines

We earlier detected predominant inflammatory response, reduced IFN α and robust chemokine secretion in the NPR patients while the PR patients mounted lower response [25]. The same patients are included here. In view of the observed association of miR-122 levels with IL-6, TNF α and CCL2 [26], correlation of these cytokines with miR-122 levels was evaluated in different groups (Fig. 5). A significant reverse correlation between miR-122 and CCL2 was observed in the PR-HEV-SC group ($p=0.04.\ r=-0.634$, Fig. 5c). Another inflammatory cytokine, showed inverse association of miR-122 with IL-6 in the NPR-HEV-acute patients ($p=0.08,\ r=-0.62$, Fig. 5a). These results suggest the HEV infection enhances CCL2 and IL-6 expression by modulating miR-122 levels.

Discussion

This is the first preliminary study exploring association, if any, of miR-122 with HEV infection. Availability of biopsied liver samples collected for routine diagnosis allowed miR-122 studies in liver/serum samples of chronic hepatitis B and C patients [27-29]. However, HE being predominantly a self-recovering infection, our study is restricted to circulating miRNA levels. In this connection, the observation of serum miR-122 being a surrogate of hepatic miR-122 is noteworthy [30]. We first determined serum miR-122 levels in the NPR-AVH-E patients. Surprisingly, in contrast to the other liver diseases, despite high ALT levels during the acute phase, a significant reduction in miR-122 levels was noted that continued during convalescence with normal ALT levels. Clearly, serum miR-122 was not a function of hepatocyte destruction in these patients. Demonstration of miR-122 binding sites on human HEV genomes indicates that miR-122 binds to HEV genome. One possibility could be requirement of physical binding of miR-122 during HEV replication leading to reduced serum levels irrespective of liver damage. Our in-vitro experiments did document binding of miR-122 to HEV genome enhancing HEV replication [31].

Next, pregnant women known to be at high risk of developing severe liver disease and mortality were examined. Again, acute-phase, PR-HE patients with raised serum ALT levels circulated lower miR-122 levels when compared to the NPR controls without mutual correlation (Fig. 3a). It therefore appeared that like HCV [32], miR-122 binding to the viral genome increases

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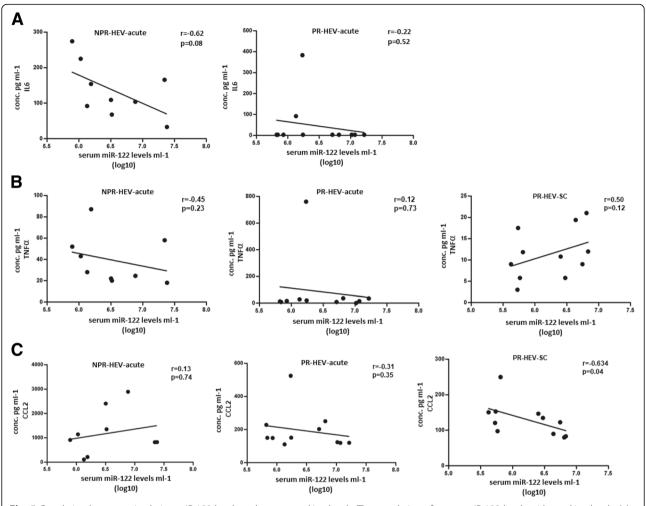


Fig. 5 Correlation between circulating miR-122 levels and serum cytokine levels. The correlation of serum miR-122 levels with cytokine levels, (a) IL-6, (b) TNF α , and (c) CCL2 was identified by Spearman rank correlation coefficient. r indicates the correlation coefficient and p < 0.05 was considered significant

virus replication, though, serum levels were different and use of miR-122 analogues in reducing HEV replication appeared a possibility.

As pregnancy is known for immunomodulation to protect the fetus and the role of miR-122 in pregnancy-related complications has been reported [33, 34], a further comparison with healthy PR women in the later trimesters was undertaken. Healthy pregnancy was found to be associated with lower miR-122 levels. Notably, pregnancy was shown to significantly reduce more than 50% of PBMC-miRNAs compared to NPR controls [35]. When healthy pregnant women were taken as controls, a different pattern emerged; serum miR-122 levels varied according to the clinical presentation. The mildest form, subclinical infection, exhibited lower levels which further reduced one month later while the acute-phase patients circulated higher miR-122 levels. Thus, a distinct

difference was seen between clinical and subclinical categories during pregnancies, lower levels signifying asymptomatic infection. We would like to mention here a single pregnant FHF patient in the second trimester was investigated during the study period (data not shown). miR-122 levels were significantly higher in this patient (644 fold during acute phase and 42,194 fold during convalescence, as compared to the respective 95% CI values (log values, 5.9-6.69; 4.3-5.5) suggestive of very high values in FHF patients. Viraemia was not detected in this patient. Undoubtedly, this observation needs to be confirmed in a larger series of FHF patients. The observed differences in circulating miR-122 levels in acute-phase patients with or without pregnancy suggests that physical binding of the virus cannot be the sole reason for lowering of serum miR-122 levels in the NPR patients. Possibility of alternate mechanism(s) for secretion of miR-122 in the

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bloodstream and influence of pregnancy cannot be ruled out.

In a very recent report based on 13 liver disease-associated fatal cases in a cohort of HIV infected, ART treated individuals, miR-122 was identified as a probable biomarker for liver disease in this population [36]. It would be worthwhile to assess miR-122 as biomarkers for fulminant hepatitis E. A previous study documented 100 fold rise in circulating miR-122 levels in patients with acute liver failure caused by different etiologies [37]. Involvement of miR-122 in addition to miR-21 and miR-221 in spontaneous recovery from FAS-induced ALF is noteworthy [38].

In the same patient population studied earlier, we showed that ALT rise significantly correlated with IgM-anti-HEV titers and the levels of CXCL10, IL-10, sIL2RA and IL-6 levels [25]. In view of the observed association of miR-122 levels with IL-6, TNFα and CCL2 [26], we revaluated correlation of these cytokines with miR-122 levels in different groups. Correlation analysis identified a significant inverse relationship of miR-122 and CCL2 (PR-SC patients) and miR-122 and IL-6 (NPR patients). This is suggestive of role of immune cells in miR-122 modulation in PR-SC group, which requires further studies. Importantly, NPR category showed significant correlation among IL-6 and ALT [25]. Upregulation of CCL2 in response to decreased miR-122 levels and suppression of miR-122 by IL-6 has been documented [26].

Enhancement of HCV propagation through direct interaction of miR-122 with HCV 5′ UTR [32] led to intravenous administration of locked nucleic acid (LNA) complementary to miR-122 as a therapy for chimpanzees chronically infected with HCV. This treatment indeed suppressed HCV replication [39]. In view of the in-vitro study reported very recently [31] and the results presented here in HE patients, it would be prudent to explore the utility of miR-122-LNA in the treatment of the disease. Further, if the findings in acute patients are confirmed in the chronic HE patients, LNAs can offer an attractive therapy.

Being an important clinical entity, chronic hepatitis patients dually infected with HBV and HCV have been studied with respect to miR-122 [40]. Our study deals with HBV and HEV dual infections that constitute an important clinical presentation in India, and countries wherein both viruses are endemic [41]. Similar to earlier reports of raised miR-122 levels in CHB patients, we noted higher miR-122 in AVH-B patients. Interestingly, additional infection with HEV causing lowering of miR-122 levels led to balancing between two viruses having opposite effects on serum miR-122 levels (Fig. 4a). Previous studies have shown that during HBV infection, circulating miR-122 levels correlate with liver damage [21] while liver miR-122 levels significantly decrease exhibiting a reverse relationship with

inflammation and viral load [21]. Lower HBV DNA levels in both HBsAg carriers and acute HBV patients infected with HEV suggests lowering of HBV replication. This observation needs to be confirmed by longitudinal follow up of the same patients. Being a retrospective, cross-sectional study, lack of serological and clinical follow up of the patients is a limitation. Nonetheless, the interesting observations underscore urgent need for an in-depth study from HEV endemic region and possible use of LNAs in the treatment of hepatitis E.

Conclusion

Taken together, the results demonstrate that serum miR-122 levels in hepatitis E do not reflect liver damage suggestive of alternate mechanisms for secretion in blood. The data suggests direct relationship of serum miR-122 levels with disease severity during pregnancy. These findings need to be extended to a larger series of FHF-E patients. Evaluation of this microRNA as a prognostic marker for severe disease during pregnancy seems relevant.

Methods

Study design and patient samples

This retrospective study was approved by the "Human Ethics Committee" of National Institute of Virology and was conducted according the guidelines of Indian Council of Medical Research. Since it was a retrospective study, consent of the patient was waived by the ethics committee as left over samples from a previous study were used. The samples were anonymous.

Diagnosis of HE was based on the presence of IgM antibodies to HEV (IgM anti-HEV) by ELISA [42] and only IgM-anti-HEV positives were included. An acute hepatitis E case was defined as an individual with symptoms suggestive of acute viral hepatitis and a positive IgM-anti-HEV test. A subclinical case was defined as an IgM-anti-HEV positive individual with or without elevated ALT levels, no clinical symptoms at the time of first blood collection and no development of symptoms during 2 months follow-up. These were identified during several epidemics of hepatitis E in villages from the state of Maharashtra, India [25]. A Fulminant hepatic failure case (FHF) is defined as the rapid acute liver injury with rapid deterioration of liver functions and hepatic encephalopathy in a patient without apparent, prior liver disease [43]. Patients with dual HEV & HBV infections were either co-infected (HEV + HBV, IgM-anti-HEV and IgM-anti-HBc positive) or super-infected (HBsAg+, anti-HBc-IgM- and IgM-anti-HEV+).

Table 1 describes details of the study population. The study groups included: (A) healthy non-pregnant women & men (NPR-C, n=25), (B) healthy pregnant women in the 2nd/3rd pregnancy trimesters (PR-C, n=33), (C)

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Table 1 Characteristics of the study groups

Categories	Parameters							
	No.	Age (mean ± SE)	Preg-nancy (PR) status	Serum ALT IU/ml (mean ± SE)	Serum AST IU/ml (mean ± SE)	Bilirubin (mg/dl) (mean ± SE)	Serum Protein gm/dl (mean ± SE)	Serum Albumin gm/dl (mean ± SE)
A. NPR-C	25	23 ± 1.0	No	28.9 ± 2.7	30.2 ± 3.1	0.41 ± 0.04	6.4 ± 0.1	3.4 ± 0.1
B. PR-C	33	22.4 ± 0.9	Yes	19.8 ± 0.8	20.1 ± 0.8	0.19 ± 0.01	5.3 ± 0.2	2.1 ± 0.1
C. NPR-HEV-acute	27	30.4 ± 2.5	No	472.9 ± 63.1	384 ± 146.9	4.3 ± 0.9	6.0 ± 0.1	2.8 ± 0.1
D. NPR-HEV-conv	12	30.2 ± 2.1	No	31 ± 0.7	89.25 ± 43.67	2.5 ± 1.1	6.1 ± 0.2	2.9 ± 0.1
E. PR-HEV-acute	40	23.8 ± 1.0	Yes	215 ± 47.7	437 ± 127.4	4.4 ± 1.11	4.8 ± 0.2	1.9 ± 0.1
F. PR-HEV-conv	7	23.1 ± 0.8	Yes	30 ± 1.7	NA	NA	NA	NA
G. PR-HEV-SC	31	23 ± 1.0	Yes	65.1 ± 8.1	90.56 ± 52.71	0.5 ± 0.2	5.6 ± 0.1	2.3 ± 0.1
H. FHF-E	1	23.5 ± 1.5	Yes	738	NA	NA	NA	NA
I. HBV + HEV	13	20 ± 1.4	No	NA	NA	ND	NA	NA
J. HBsAg carriers + HEV	33	23.8 ± 2.2	No	327 ± 55.8	NA	ND	NA	NA
K. HBsAg carriers	8	17.2 ± 1.6	No	22 ± 8.5	NA	ND	NA	NA
L.HBV acute	7	25.4 ± 1.7	No	437 ± 63	NA	ND	NA	NA

The levels of creatinine, urea and globulins were within normal range for all the groups NA Not applicable, ND Not Done

non-pregnant, AVH-E patients in acute (NPR-HEV-acute, n=27), and (D) convalescent phase (NPR-HEV-conv, n=12), pregnant women in the later (2nd/3rd) trimesters diagnosed as (E) AVH-E patients (PR-HEV-acute, n=40) or (F) with subclinical HEV infection (PR-HEV-SC, n=31), (G) of these, blood samples collected 1 month later were available for 7 pregnant women (PR-HEV-SC-repeat, n=7), (H) one pregnant patient with FHF (FHF-E, n=1), (I) HE patients co-infected with HBV (HBV+HEV, n=13), (J) HBsAg carriers super-infected with HEV (HBsAg carrier+HEV, n=33), (K) HBsAg+antiHBc-IgM- (HBsAg carriers, n=8), (L) HBsAg+antiHBc-IgM+ HEV- (AVH-B /HBV acute, n=7).

Both the control groups tested negative for IgM/IgG anti-HEV antibodies [42], HBsAg and anti-HCV antibodies (ELISA, Abbott laboratories, USA) and exhibited normal values of serum biochemical parameters investigated. Acute NPR and PR hepatitis patients circulated high levels of serum ALT, AST and bilirubin that returned to normal during convalescence. In PR-SC-HEV patients, ALT levels were higher than normal but lower than the acute HE patients. Kidney function tests (urea, creatinine) were normal in all the categories. None of these patients gave H/O any chronic disease. In HBV co-infected patients, only ALT levels were available. The serum biochemical parameters were estimated using an automatic analyser (Dimension RxL Max, Siemens Healthcare, USA).

As the serum samples were stored at $-20\,^{\circ}\text{C}$, retrospective testing for HEV RNA was not possible. Sample collection, transportation, processing and storage were identical for all the study groups.

RNA isolation

For all experiments, 400 µl of human serum was thawed on ice and lysed with an equal volume of 2X Denaturing Solution (Ambion, USA). An exogenously added non-homologous miRNA was used as a normalization control owing to the lack of an established housekeeping miRNA as an endogenous control. Synthetic *Caenorhabditis elegans* miR-39 was spiked-in (25fmol) to each denatured sample prior to RNA extraction (i.e., after combining the plasma sample with Denaturing Solution) as an internal control. RNA was isolated using the mirVana PARIS kit following the manufacturer's protocol for liquid samples (Ambion, USA).

Measurement of serum miR-122 levels

Briefly, RNA was reverse transcribed using TaqMan miRNA reverse transcription kit and hsa-miR-122-5p and cel-miR-39-5p specific stem-loop primers (Applied Bio-Systems, USA). Circulating miR-122 levels were quantitated based on a standard curve obtained using synthetic miR-122 oligonucleotide (Integrated DNA Technologies (IDT), Coralville, Lowa) as described below.

Generation of standard curve for absolute quantification of miR-122

Synthetic single-stranded RNA oligonucleotide (IDT) corresponding to the mature miR-122 sequence (5'-UGGAG UGUGACAAUGGUGUUUG-3', miRBase release v.10.1) was input into the RT reaction (empirically-derived range: 10^9 copies ml-1 to 10 copies ml-1) and standard curve was generated. Absolute copies of miR-122 input into the

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RT reaction were converted to copies of miR-122 ml-1 serum, based on the knowledge that the material input into the RT reaction corresponds to RNA from $\sim 6\%$ of the total starting volume of serum (i.e., 5 μ l of the total RNA eluate volume (80 μ l)).

Normalization of experimental qRT-PCR data using spiked-in *C. elegans* miRNA as control

No established endogenous small RNA control exists for normalization of technical variations in sample processing or of potential variation in sample quality. Normalizing by matching the amount of input RNA into the RT reaction is not an appropriate approach because the RNA content of serum can vary considerably and has been suggested to vary with disease states. Hence, a fixed volume of RNA eluate (5 μ l) from a given volume of starting serum was used, rather than a fixed mass of RNA, as input into RT reaction. Data across the samples was normalized using a median normalization procedure as described earlier by P. Mitchell et al. [44].

Measurement of serum HBV DNA levels

HBV DNA levels were measured using a real-time PCR assay based on TaqMan chemistry as described earlier [45].

Measurement of cytokine levels

Plasma cytokines levels were determined using 22-Bio-Plex Protein Array System (Bio-Rad, Herculus, CA, USA) using Milliplex Map Kit according to manufacturer's instructions. For statistical analysis, a value of 0.2 pg ml⁻¹ was used for samples showing undetectable concentrations.

Statistical analysis

Data were analyzed by non-parametric tests using Wilcoxon test for comparing paired samples, and Mann-Whitney U test for unpaired groups. Receivers operating characteristic (ROC) curves were constructed and the area under curve (AUC) was calculated to evaluate specificity and sensitivity of predictive value or feasibility of using miR-122 as a marker for HE disease severity. Correlation was determined using Spearman's non-parametric analysis. P < 0.05 was considered statistically significant. All statistical analyses were performed and graphs were generated using GraphPad Prism 7 (GraphPad Software, CA).

Abbreviations

ALT: Alanine transaminase; AUC: Area under curve; AVH: Acute viral hepatitis; CCL-2: Chemokine (C-C motif) ligand-2; CI: Confidence interval; ELISA: Enzyme-linked immunosorbent assay; FHF: Fulminant hepatic failure; HBsAg: Hepatitis B surface antigen; HBV: Hepatitis B virus; HCV: Hepatitis C virus; HE: Hepatitis E; HEV: Hepatitis E virus; IL-6: Interleukin-6; miR-122: microRNA-122; miRNA: microRNA; NPR: Non-pregnant; PBMC: Peripheral blood mononucleolar cells; PR: Pregnant; SC: Subclinical; TNF-a: Tumor necrosis factor-a; WHO: World health organization

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Availability of data and materials

All data generated or analysed during this study are included in this published article.

Authors' contributions

VAA conceived the idea. BH planned and performed the experiments. Both the authors analyzed and interpreted the patient data. Both authors read and approved the final manuscript.

Ethics approval and consent to participate

This retrospective study was approved by the "Human Ethics Committee" of National Institute of Virology and was conducted according the guidelines of Indian Council of Medical Research. Since it was a retrospective study, consent of the patient was waived by the ethics committee as left over samples from a previous study were used. The samples were anonymous.

Consent for publication

Not applicable.

Competing interests

All authors declare that they have no competing interests.

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